

SPIRIT YOUTH WORKSHOP

- **Address:**
[Palau Robert, Pg. de Gràcia 107](#)
- **Access to the venue:**
Metro: stop Diagonal (L3 and L5)
Buses: Lines 6, 7, 22, 24, 33, 34, H8 and V17

(you can consult the website <https://www.tmb.cat/en/home>)



ACCESS TO BARCELONA

- **Arriving by plane to Barcelona El Prat Airport**

The airport is located 16 kilometres south of the city and is also known as El Prat, the town where it is located. Connections between Barcelona and the airport and back:

Aerobús (A1 and A2)

Daily service between Plaça de Catalunya and Barcelona Airport.

Frequency: every 10 minutes.

Approximate journey time: 35 minutes. For further information about the Barcelona Aerobús :Tel. 902 100 104.

Train (RENFE)

Daily connections with Barcelona Airport from the Renfe (Spanish Rail) stations at Sants.

Frequency: every 30 minutes.

Journey time: 18 minutes (from Sants).

Metro (TMB)

L9 sud metro line connects the city and Barcelona airport (T1 and T2) daily.

Frequency: every 7 minutes.

Approximate journey time: 32 minutes (from Zona Universitària).

Bus (TMB)

The 46 bus runs from Pl. d'Espanya to Barcelona Airport (T1 and T2) daily.

Frequency: every 25 minutes.

By car

The C-31 Barcelona-Castelldefels road leads to Barcelona Airport, and connects with the C-32 Barcelona-Sitges road. From the Avinguda Diagonal, the Ronda de Dalt and Ronda Litoral ring roads also connect with the C-31.

The estimated journey time from Barcelona city centre to the airport is about 20 minutes.

- **Arriving by train:**

Barcelona has direct railway links with a number of important cities, including Paris, Zurich and Milan, and the high-speed train runs to Madrid, southern and eastern Spain. The city's major railway stations and metropolitan rail network ensure you can travel to Barcelona and anywhere by train without any difficulties.

- **Estació de Barcelona Sants**

Barcelona Sants Station

Pl. Paisos catalans s/n 08014 Barcelona

Time: 4.30am to 12.30am.

Metro: L5 and L3. Bus: 27, 32, 78, 109, 115, H10 and V17.

- **Estació de França**

França Station

Av. Marquès de l'Argentera, s/n 08003 Barcelona

Time: 4.45am to 12am.

Metro: L4. Bus: 14, 17, 39, 45, 51, 59, 64, D20 and H16.

- **Arriving by car:**

Barcelona is located 150 km from La Jonquera, the French border. The French motorway network connects to the AP-7, N-II and C-32 Barcelona motorway. You can enter the city via the ring roads or the Avinguda Meridiana which leads to the centre.

From the south, if you're entering from the rest of Spain join the AP-7 or C-32 and enter the city via the Avinguda Diagonal.

ACCOMMODATION FACILITIES

Hotel Paseo de Gracia

Passeig de Gràcia, 102 - Barcelona

Tel.: (+34) 93 215 0603

info@hotelpaseodegracia.es

<http://www.hotelpaseodegracia.es>

Next To

Carrer Rosselló 242 – Barcelona
Tel: (+34) 935 510 516
info@nextto.biz

<http://www.hotelnextto.com>

Hotel Balmoral

Via Augusta, 5 – Barcelona
Tel : (+34) 93 217 87 00
balmoral@abbahoteles.com

<http://www.abbabalmoralhotelbarcelona.com/es/hotel.html>

Hotel Room Mate Carla

Carrer Mallorca 288 – Barcelona
Tel : (+34) 93 476 33 96
reservas@room-matehotels.com
carla@room-matehotels.com

<https://room-matehotels.com/en/carla/>

Hotel Catalonia Diagonal Centro

Carrer Balmes, 142-146 – Barcelona
Tel : (+34) 93 415 90 90

<http://www.hoteles-catalonia.com/ca/home.jsp>

CONTACT DETAILS

We remain at your disposal for any assistance you may require and look forward to meeting you in Barcelona!
The NECSTouR Permanent Secretariat

**Necstour Permanent
Secretariat,**
Rond Point Schuman 14 –
1040Brussels, Belgium – EU
Phone : +32 (0) 2 721 7293
www.necstour.eu

Cristina Núñez Cuesta
Mobile: +32 487 425 818
@: cristina.nunez@necstour.eu
Tomaso Comazzi
Mobile: + 32 498 108 967
@: tomaso.comazzi@necstour.eu